

OG SMILE

Get a healthy, happy smile! OG Smile is the natural, healthier toothpaste you've been searching for! Its special formula is free from fluoride and SLS, and a regular brushing with OG Smile toothpaste will maintain teeth and gums in good condition by helping remove bacteria that cause plaque, freshen breath and help support healthy looking gums and teeth.



WHY CHOOSE OG SMILE?

Natural is always better! OG Smile's latest formula guarantees that you're taking care of your teeth without adding harmful ingredients.

- OG Smile is free from Sodium Lauryl Sulfate, a harsh component that may be dangerous in high concentrations or cause high sensitivity.
- OG Smile is also free from fluoride.
- OG Smile has no artificial colors or components.

INGREDIENTS FOR A BRIGHTER SMILE

OG Smile is crafted with special ingredients:



- Rice Bran Oil
- Tea Tree Oil
- Ganoderma Extract
- Bamboo Charcoal
- Hydrated Silica

TOOTH CARE 101



- **Add Flossing to your routine.** It removes plaque that's stuck in between your teeth.



- **Use a proper toothpaste.** Go for safe products like OG Smile!



- **Visit your dentist** at least once a year.



- **Don't smoke.** Smoking speeds up damage on your teeth, causes gum disease, and stains your teeth permanently.



- **Clean your tongue.** Clean your tongue to remove bacteria and avoid bad breath.

CHOOSE YOUR FOOD WISELY

Choosing your food can be crucial to keep the health of your teeth. Here is a list of do's and don'ts.

Good foods for your teeth

- Nuts / Honey
- Eggs / Dairy
- Veggies
- Non-acidic fruits
- Seafood

Bad foods for your teeth

- Alcohol
- Foods high in sugar
- Fizzy/colored drinks
- Acidic fruits and juices
- Baked sweets