

ORGANO™ ORGANIC GREEN TEA

ORGANO™ Organic Green Tea combines the benefits of tea leaves with our Ganoderma lucidum to give you a double dose of antioxidants in a mild and flavourful beverage.



THE VALUABLE COMPONENTS OF ORGANIC GREEN TEA



POLYPHENOLS

Natural antioxidants that help fight the negative effects of oxidative stress, and helps support the immune system, supports a healthy heart, healthy brain and more.



L-THEANINE

An important amino acid that supports dopamine to bring you a general feeling of calmness.



CAFFEINE

A natural stimulant that helps you stay focused and alert during the day and can even improve your mood.⁽³⁾

VERSATILITY

ADDS FLAVOURFUL BENEFITS TO YOUR FOODS

HOT: Steep your tea in hot water to enjoy it's calming properties that will warm your heart even on the coldest nights.

COLD: Add ice to your steeped tea to discover its soothing and refreshing properties in the sunny days.

FROZEN: Put it in the freezer and blend it with other natural ingredients to turn it into a sorbet or ice lolly, and find out how healthy it is as a dessert.

INGREDIENT: Infuse it in milk, water or other liquids to make green Tea flavoured treats or even salad dressings!

THE PERFECT CUP OF ORGANIC GREEN TEA

Don't boil the water! Each type of tea requires a specific temperature to release all its properties. Green tea should be steeped in water between 60°C and 85°C.

Same with time. The ideal time for a green tea bag to remain in your cup is from 2 to 3 minutes.

THE BENEFITS OF AN ORGANIC PRODUCT



FOR YOU:

Our Organic Green Tea is grown without harsh chemicals, herbicides and pesticides and naturally contains nutrients such as Vitamin C, iron, magnesium, and phosphorus.⁽⁴⁾



FOR YOUR COMMUNITY:

By using natural herbicides and pesticides, organic farms provide safer work environments that benefit their workers, their families, and overall, their communities.



FOR THE NATURAL ENVIRONMENT:

Organic methods of production and harvesting reduce air, ground, and water pollution and keep the soil fertile for multiple sowings.⁽⁵⁾

⁽³⁾ www.healthline.com/nutrition/top-10-evidence-based-health-benefits-of-green-tea#section2

⁽⁴⁾ www.ecocertico.com/benefits-eating-and-using-organic-products.html

⁽⁵⁾ www.safewater.org/fact-sheets-1/2017/1/23/pesticides