

OGx FENIX™ RICH CHOCOLATE

NATURALLY AND ARTIFICIALLY FLAVORED

Bioactive nutrients and protein to help you get the nutrition you need to lose weight, or just feel great.

INGREDIENTS: Whey Protein Concentrate, Cane Sugar, Alkali Processed Cocoa, Resistant Maltodextrin, Natural and Artificial Flavor, Cellulose Gum, Sunflower Lecithin, Sea Salt, Potassium Chloride, Organic Reishi Mushroom Powder, Xanthan Gum, Stevia Extract, Ferric Orthophosphate, Ascorbic Acid, d-Alpha Tocopherol Acetate, Biotin, Chromium Chloride, Niacinamide, Vitamin A Palmitate, Zinc Oxide, Calcium D-Panthenate, Copper Sulfate, Selenium Methionine, Folic Acid, Thiamine Mononitrate, Pyridoxine Hydrochloride, Cholecalciferol, Riboflavin, Phytanadione, Potassium Iodide, Cyanocobalamin. Contains: Milk

WHAT IS THE OGx FENIX™ ?

ogx FENIX™ is our exclusive shake mix for Healthy Nutrition and Weight Management. It combines a concentrated whey protein along with vitamins, minerals, prebiotic fiber and our ganoderma mushroom. Use this delicious shake mix every day, to help you lose weight and get good nutrition.

FEATURES AND BENEFITS

- 13 g of rBGH free whey protein concentrate – helps curb hunger and supports lean muscle
- 3 g of a prebiotic fiber – a clinically studied fiber, supports good digestive health
- Only 7 g of natural sugar
- Contains Ganoderma
- Contains Full Spectrum of Branched-Chain Amino Acids
- Vitamins and Minerals
- Provides three important electrolytes- sodium, potassium, and chloride
- Low Fat
- Gluten Free
- Supports Digestive Health
- Supports Immune System
- Lower carbs than other brands
- Packed with Protein, Nutrition and Flavor
- Simple
- Fast
- Affordable

Nutrition Facts

Serving Size: Scoop (30g)
Servings Per Container: 30

Amount Per Serving

Calories 110 Calories from Fat 15

% Daily Values*

Total fat 1.5g **2%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 40mg **13%**

Sodium 160mg **7%**

Potassium 310mg **9%**

Total Carbohydrate 11g **4%**

Dietary Fiber 3g **12%**

Sugars 7g

Protein 13g **26%**

Vitamin A 10% • Vitamin C 10%

Calcium 8% • Iron 20%

Vitamin D 10% • Vitamin E 10%

Vitamin K 4% • Thiamin 25%

Riboflavin 25% • Niacin 15%

Vitamin B6 20% • Folate 10%

Vitamin B12 15% • Biotin 15%

Pantothenic Acid 10% • Phosphorus 8%

Iodine 15% • Magnesium 6%

Zinc 10% • Selenium 4%

Copper 25% • Chromium 30%

Chloride 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

		Calories 2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Potassium		3500mg	3500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories Per Gram

Fat 9 • Carbohydrate 4 • Protein 4

ORGANO

WHAT DOES IT DO?

ogxFENIX™ offers a convenient, fast, nutritional meal that can help you save money, and maintain or lose weight. The shake mix contains 110 calories or 250 when mixed with milk as directed, to provide you a balanced meal.

The shake features our own proprietary blend of protein, fiber, and nutritional support bringing the Treasures of the Earth to a great tasting, creamy shake!

KEY INGREDIENTS:

Whey Protein Concentrate – a superior biological protein that can help support lean muscle, help you fight hunger, and deliver great tasting nutrition, fast. ogxFENIX™ harnesses the power of nature to deliver results. Lastly, our protein is rBGH free, meaning it comes from sources that have not been injected with growth hormones

Fibersol®/ Resistance Maltodextrin – for a healthy “gut feeling”. According to the National Digestive Diseases Information Clearinghouse, 60 to 70 million Americans have digestive (gut) health issues. Our gut health can be impacted by diminished physical activity, stress, alcohol consumption and use of antibiotics/ over-the-counter medications. The prebiotic fiber in this nutritional shake mix supports the healthy probiotic bacteria in the gut, supporting digestive health and immune support.

Dried Cane Syrup – only 7 g of organic dried cane syrup, this is a combination of glucose (for energy) and fructose.

Sodium and Potassium – contains sea salt which is lower in sodium than other brands. The shake provides electrolytes of sodium and potassium to support good health.

Ganoderma mushroom powder – taking the benefits of powerful Ganoderma beyond the cup.

WHY WHEY PROTEIN?

Whey protein is a high in biological value meaning the proportion of absorbed protein that's retained in the body for maintenance and growth in the body is which means it's highly usable. Whey protein also is one of the richest sources of leucine, an essential and branched-chain amino acid that triggers initiation of muscle protein synthesis. Whey protein is considered by experts to be an excellent source of protein, with many clinical studies showing its' benefits for helping support and maintain lean muscle mass. Studies suggest that whey protein may be beneficial after exercise, and can help support increased blood levels of essential amino acids and the creation of muscle protein. Whey protein has also been studied for metabolism, appetite, and other aspects of the body, and contains Branched-Chain Amino Acids important for muscle health.

Did you know? Only 44% of Adults eat breakfast every day. Skipping breakfast can slow your metabolism, and lead to weight gain.

For those that eat breakfast, on average it's cold cereal or other high carb, lower protein foods like bagels, muffins, toast.

These high carb foods can lead to spikes in blood sugar that leave you hungrier than eating a breakfast with a good amount of protein like that in ogxFENIX™ when mixed as directed. Studies show that a good nutritional meal including whey protein may help you manage your blood sugar and support good health.

HOW DO I USE OGXFENIX™ ?

Mix 1 scoop (30 g) with 10-8 oz. (300 ml) of non-fat milk or partially skimmed milk and enjoy

