

# ORGANO™

## RED TEA WITH CORDYCEPS AND GANODERMA LUCIDUM

ORGANO™ Red Tea is a powerful herbal fusion of red tea combined with Cordyceps and Organic Ganoderma in a delicious tasting tea. Great for those watching their health, for athletes, and anyone that wants the great taste of this fresh and light tasting tea.



### Nutrition Facts / Valeur Nutritive

Serving Size / Portion: 1 Sachet (0.07 oz / 2.0g)  
Servings per Container / Portions par Contenant: 25

#### Amount per Serving / Quantité par Portion Calories / Calories 5

	% Daily Value / % Valeur Quotidienne
<b>Total Fat / Total Lipides</b> 0g	<b>0%</b>
<b>Sodium / Sodium</b> 0mg	<b>0%</b>
<b>Carbohydrate / Glucides</b> <1g	<b>&lt;1%</b>
Fiber / Fibres <1g	
Sugars / Sucres 1g	
<b>Protein / Protéines</b> <1g	<b>&lt;1%</b>

\* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

\* Le pourcentage des valeurs journalières est basé sur un régime de 2,000 calories. Dépendantes de vos besoins caloriques, vos valeurs journalières peuvent être supérieures ou inférieures.

ORGANO™ Red Tea is a flavorful and aromatic tea. Combined with cordyceps and organic ganoderma, it's a tea you can enjoy hot or brewed and chilled for a cooling and refreshing drink.

### WHAT IS IT?

ORGANO™ Red Tea is a powerful herbal fusion of red tea combined with Cordyceps and Organic Ganoderma in a delicious tasting tea. Great for anyone that wants the great taste and benefits of this fresh and light tasting tea.

### KEY INGREDIENTS

**Cordyceps** –These “club head” mushrooms have a wide range of chemical components and compounds that make them particularly valuable and prized in Chinese culture.

**Ganoderma** – also known as the red Reishi mushroom, this mild flavor adds a note of depth to the tea flavor and brings its own benefits. Ganoderma mushrooms provide triterpenoids and amino acids.

Ganoderma has been used in traditional Asian culture for thousands of years. The name Ganoderma means “spiritual potency”, while the Japanese name Reishi can be translated as “King of Herbs”.

### DID YOU KNOW?

Cordyceps are grown in a mineral-rich soil at high altitudes and low temperatures and is a celebrated mushroom used for centuries in traditional Chinese culture. Because of their incredible benefits, remote habitat, and tough geography, Cordyceps were historically reserved for the Emperor's highest court and Chinese nobility.

### HOW TO USE IT

Place the tea bag at the bottom of the cup and pour the hot water on top to your desired level. Freshly boiled water, rested for a 2-3 minutes so the temperature drops to 140-185°F, is the ideal heat for when you pour.

Let the tea brew for 1-2 minutes. If you want a stronger taste, let the tea brew for 2-3 minutes.

Make your own flavors by adding ginger, honey, sugar, or cream. Chill and serve cold over ice with fresh mint or lemon.